

FIT in the parks!



Green Bay Parks & Rec are the perfect "FIT" for you & your family. It is recommended to purchase a discounted FIT BUCKS card to attend, where classes will be 2 punches (\$2) instead of \$5 cash per class. <http://greenbaywi.gov/parks/fall-fit-in-the-parks>

MONDAYS

Class	Location	Time	Dates	# of Weeks
Pilates	Wilder Park	6:30pm	Oct. 12 - Nov. 16	6

TUESDAYS

Class	Location	Time	Dates	# of Weeks
H.I.I.T.	Colburn Park	6:30pm	Oct. 13 - Nov. 17	6

WEDNESDAYS

Class	Location	Time	Dates	# of Weeks
Lumberjack Workout	Colburn Park	6:00pm	Oct. 14 - Nov. 18	6

SATURDAYS

Class	Location	Time	Dates	# of Weeks
Trail Yoga	Triangle Hill Park	8:30am	Oct. 17 - Nov. 21	6
Trail Walk	Triangle Hill Park	8:30am	Oct. 17 - Nov. 21	6

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