

# Scattered Sites News



## Summer 2012

The GBHA and staff would like to extend a huge THANK YOU to all Public Housing Scattered Site residents! Your continuous improvements in housekeeping and your maintenance referrals are greatly appreciated and allow staff to continue to improve the quality of the program for current and future families. Without your cooperation, the GBHA would not be possible. So, again, THANK YOU! ☺

### A few words from Management....

Dear Residents,

Summer is finally here! I hope you all had a wonderful Memorial Day weekend and got a chance to enjoy some of the wonderful sunshine! As you have probably noticed, things have been incredibly busy. We appreciate everyone's cooperation while we make all these new improvements to our properties. A few more upcoming projects will include lots of landscaping projects and fence installation. While I'm sure they've become rather annoying, the GBHA appreciates your cooperation with all of our notices. As always, if you notice anything throughout the community or would like to make suggestions for improvements, please do not hesitate to contact the office.

I have noticed recently that litter and cigarette butts in the lawns have become a concern. Please be careful not to throw any cigarette butts on the property. If a member of your household smokes, please dispose of the butts in an appropriate can or container. This dry, hot weather is the perfect condition for a fire to start. Also, please keep in mind that the City of Green Bay does charge and cite for litter!

With the weather being so nice, it's time to get out the bikes and other summer toys. Please make sure that no bikes or other toys are left or stored on the porch areas. Please, only place plants, flowers, and patio furniture on porches.

For those of you who are not aware, the GBHA has hired summer maintenance help. Konrad Roznik is an engineering student at Michigan Tech and will be working on maintenance needs for the GBHA through August. Konrad is very dedicated to improving the quality of our properties, is hard working, and is a pleasure to work with. For those residents that have not had a chance to meet Konrad yet, you will be seeing him working at the Sites more often; please make it a point to greet yourselves and welcome him to the team! Reed will continue to remain dedicated to serving your maintenance needs as well.

Also, the very important and much talked about REAC Inspection is coming up July 11<sup>th</sup> and 12<sup>th</sup>. As I've asked several times, please be sure to report any and all maintenance concerns as soon as possible so that Reed and Konrad have an opportunity to correct them prior to these dates. In addition, please ensure your best housekeeping for this inspection! The GBHA appreciates everyone's cooperation during these busy months ☺

Enjoy the rest of summer!

Nikki Aderholdt  
Property Management

# July is National Ice Cream Month!

In 1984, President Ronald Reagan designated July as National Ice Cream month. He recognized ice cream as a fun and nutritious food that is enjoyed by a full 90% of the nation's population.

The U.S. ice cream industry generates more than \$21 billion annually in sales and provides jobs for thousands of citizens. About 9% of the all the milk produced by U.S. dairy farmers is used to produce ice cream.

Vanilla continues to be America's flavor of choice in ice cream. This flavor is the most versatile, mixing well with toppings, drinks, and bakery desserts. America's top five favorite individual flavors are vanilla, chocolate, cookies 'n cream, strawberry and chocolate chip mint. However, ice cream flavors are only limited by the imagination. Manufacturers, scoop shops, and chefs constantly come up with new and exciting flavors for their customers.

No matter the occasion, ice cream is a wonderful treat that adds to the celebration. It can be served at the end to the meal, as a snack or even as the main attraction to parties. For your next occasion, get creative with ice cream!

## Astrology: Cancer—"The Crab"

Cancer zodiac sign has the symbol of 'The Crab'. One of the basic characteristics of a Cancerian is that they are prone to mood swings, which are matched by changing emotions. At one point in time, you may have seen them in a typical party mood, enjoying themselves and laughing at other people's jokes. They may come across as the most extroverted member in the entire group. However, another time, they may be completely introverted, sitting in a corner and lost in their own world. This single personality trait can help you in identifying a Cancer very easily.

Cancerians are prone to pessimism and usually hide their fears behind a veil of humor. They love to dream and for them, the sky's the limit. A harsh glance or a rough tone can easily break a Cancer's vulnerable heart. When they are hurt, they will either cry their heart out or retreat into a silent spell. However, it is rare that they take revenge from the one who has hurt them. If a Cancer retreats to their shell, you can be sure they will become completely unreachable; not picking up their phone, answering the door, or even checking their mail. Another mood that can engulf a Cancer is a 'snappy' one, or more appropriately a "crabby mood" ☺

### Strengths

- Adaptable
- Loyal
- Attached to Family
- Empathetic

### Weaknesses

- Moody
- Sensitive
- Emotional
- Indecisive

## FOURTH OF JULY: EVENTS IN GREEN BAY

Celebrate the 4<sup>th</sup> at Hazelwood- July 4<sup>th</sup> 10:00 am-4:00 pm

- Location: Hazelwood Historic House (1008 S Monroe Ave)
- Admission: Adults \$4.00
- Senior Citizens \$3.50
- Children (5-17) \$2.50
- Children under 5 are FREE

*Celebrate the 4<sup>th</sup> at Heritage Hill- July 4, 2012 10:00 AM-4:30 PM*

How was the 4<sup>th</sup> of July celebrated in the late 19<sup>th</sup> Century? In Brown County, over 100 years ago, residents celebrated the 4<sup>th</sup> of July much like today, with community events and family outings. Activities included parades, speeches, fireworks, picnics, dances, and races.

- Location: Heritage Hill State Historical Park
- Admission: Adults \$9.00  
Senior Citizens \$8.00  
Children 5-17 \$7.00  
Children 4 and younger FREE

*Festival Foods Fire Over the Fox- July 4<sup>th</sup>*

"All day festivities including activities, food and entertainment. Largest fireworks display north of Milwaukee at dusk."

- Location: Downtown Green Bay

*Independence Day Open House- July 4<sup>th</sup> 9:00 AM-8:00 PM*

- Location: Green Bay Botanical Garden
- Admission: Veterans are FREE

*Green Bay Bullfrogs Baseball vs. Wisconsin Woodchucks- July 4<sup>th</sup> 4:05 PM*

- Location: Joannes Park
- Admission: 3<sup>rd</sup> Base General Admission \$5.00  
Reserved Seats \$6.00  
1<sup>st</sup> Base Club \$8.00

# August is Family Fun Month!

Did you know that August has become Family Fun Month? As if you really needed an excuse to celebrate, you can now go out and have some good, clean family time without feeling even the least bit bad about it. But what types of activities might a family do during this fun month? Here are a few ideas for your family to enjoy:

- Visit a State park. With all of the state parks out there, there has to be one that you've always thought was cool or wanted to visit. Not only will this be cost effective, but it'll be an experience for the kids to remember and it's certainly something out of the ordinary.
- Have a book night! Who said that you have to leave your house to have fun? Why not have a lock-in night and snuggle up with your family's favorite books? It might include a longer novel where you read a chapter or two, then have a snack, read a couple more, then play a game. Mix it up a little bit and just enjoy each other's company.
- Pack a picnic. If you're home on the weekends, or even during the weekday since the kids don't have school, get everyone together to pack a big homestyle family picnic basket!
- Take mystery road trip. Pack up your tent, sleeping bags, and canteens because August is the perfect month to hit the dusty trail and find fun new places that you would have never discovered. Wing it and try random campgrounds each night on a surprise journey for your kids. Pick an end destination and have fun on the journey.
- Visit an amusement park. Of course this is the trip that any child wants to go on during the summer. Make a special day to take the family and go enjoy the rides, the water park, or the games. You can usually score discounts on admission on the internet!
- Family game night. Every kid loves to play games. Allow them each to pick out their favorite board or card game and have the whole family join in on the fun.

Enjoy your family during this month, and every month! After all, who needs a declared holiday to make their family feel special? Let loose and have fun!

*Taste on Broadway- August 2<sup>th</sup> 5:00 PM- 11:00 PM*  
Feature samples from the districts restaurants and live music.

- Location: Broadway District in Downtown Green Bay
- General Admission: FREE  
(not including food and beverage)

## Astrology: Leo—"The Lion"

The Zodiac sign of Leo has the symbol of 'The Lion' and just like a lion, a Leo believes that they rule everyone else. Don't tell them they don't; it will break their big, loving, proud heart. Leos can easily go from being vigorously outgoing to plain lazy. If you want to find a Leo, go to the most dazzling places in town. You will find them there, surrounded by people and playing their role in the limelight beautifully. They like to live in style and hate boredom.

Leos are in love with their pride and ego and fiercely protect what they believe to be theirs. The lion loves to give advice on how you should manage your life and feels themselves to be superior to others. However, their ego is very vulnerable and will get deeply hurt if you don't respect their wisdom. It is difficult to ignore the lion for too long, they will be the center of attention sooner or later. The best way to tame them is to flatter them.

They are pretty clever and will never ever bother to waste their energy on something insignificant. Leos hold back nothing, not even their approval and compliments. They are forgiving in nature and full of sympathy. They are rarely without a partner and life without love is a big 'no-no' for them. A Leo is never the one to be dependent on someone. They are very loyal, extremely possessive and highly jealous.

### Strengths

- Honest
- Optimistic
- Kind Hearted
- Energetic

### Weaknesses

- Possessive
- Egoistic
- Dominating
- Jealous

## Facts about the Month of August:

The birds are already planning to fly south for the winter. The insects are noisier and more numerous than in any other month. This is perhaps the busiest month for businesses, since most people take their vacations in August.

- In Polish, the month of August is called sierpien, meaning "month of sickle"
- In Swedish, the month is named augusti, literally plural of the Latin augustus- "the venerable"
- In Finnish, the month is called elokuu, meaning "month of reaping" or literally, "month of life"
- In Japanese, the month is called hachigatsu, meaning simply "eighth month"
- In Irish, August is known as Lunasa, a modern rendition of Lughnasadh, from the god of Lugh.

# September National Self-Improvement Month

Did you know that September is National Self-Improvement Month? It's right in time for the kids to go back to school and out of your hair. You'll finally have the opportunity to focus on you, so make the most of it.

There is always something we would like to change about ourselves—job satisfaction, health, physical fitness level, intellectual development, eating habits, or relationships—The hardest part isn't figuring out what to change....it's making that change stick! Most people fail to reach goals because of one of three reasons:

Unrealistic expectations  
Environment is not conducive to change  
We give up too soon

First, don't make too many changes at once. Focus on one aspect of your life at a time. If you are having a hard time choosing the right foods to eat, increasing your activity level, being a better mom, ready every day, making time for yourself, and keeping a clean house, you are probably overwhelmed and are easily stress out and burnt out! Focus on one goal at a time and master that one before you move on to the next.

Make things easier on yourself by changing your environment. Most of the time it's a simple change! If you are having a hard time steering clear of junk food—get rid of it! Don't keep it in the house, and don't venture down that aisle at the grocery store. If you are trying to increase your fitness level, surround yourself with other people with the same goals. If you are trying to make time for yourself, mark it on your calendar.

Oh, and don't be too hard on yourself when you start to slide. Just pick up where you left off and keep moving forward. Small steps reap big rewards! Here's to the new you in 2013.

## Astrology: Virgo

People born under the Zodiac sign of Virgo are very devoted to their families. They are not very talkative and mostly stand away from a crowd. However, they will be noticing even the smallest detail. The typical Virgo personality trait is perfectionism. Everything around them has to be just perfect. They are one of those who prefer carrying the exact amount of change for the bread, rather than asking the shopkeeper for change. They are not much of a partier, because they basically dislike crowds.

Virgos live in the real world. They neither daydream, nor wish upon stars. One look at them and you will feel that they are overburdened with some worries. However, worrying symbolizes their characteristic profile. A Virgo is very conscious of their looks and will spend hours in front of the mirror getting ready. Everything about them has to be perfect; from the clothes to the perfume. Virgos have this peculiar habit of taking on more work than they can easily manage.

### Strengths

- Perfectionist
- Realistic/Practical
- Dependable & sincere
- Patient

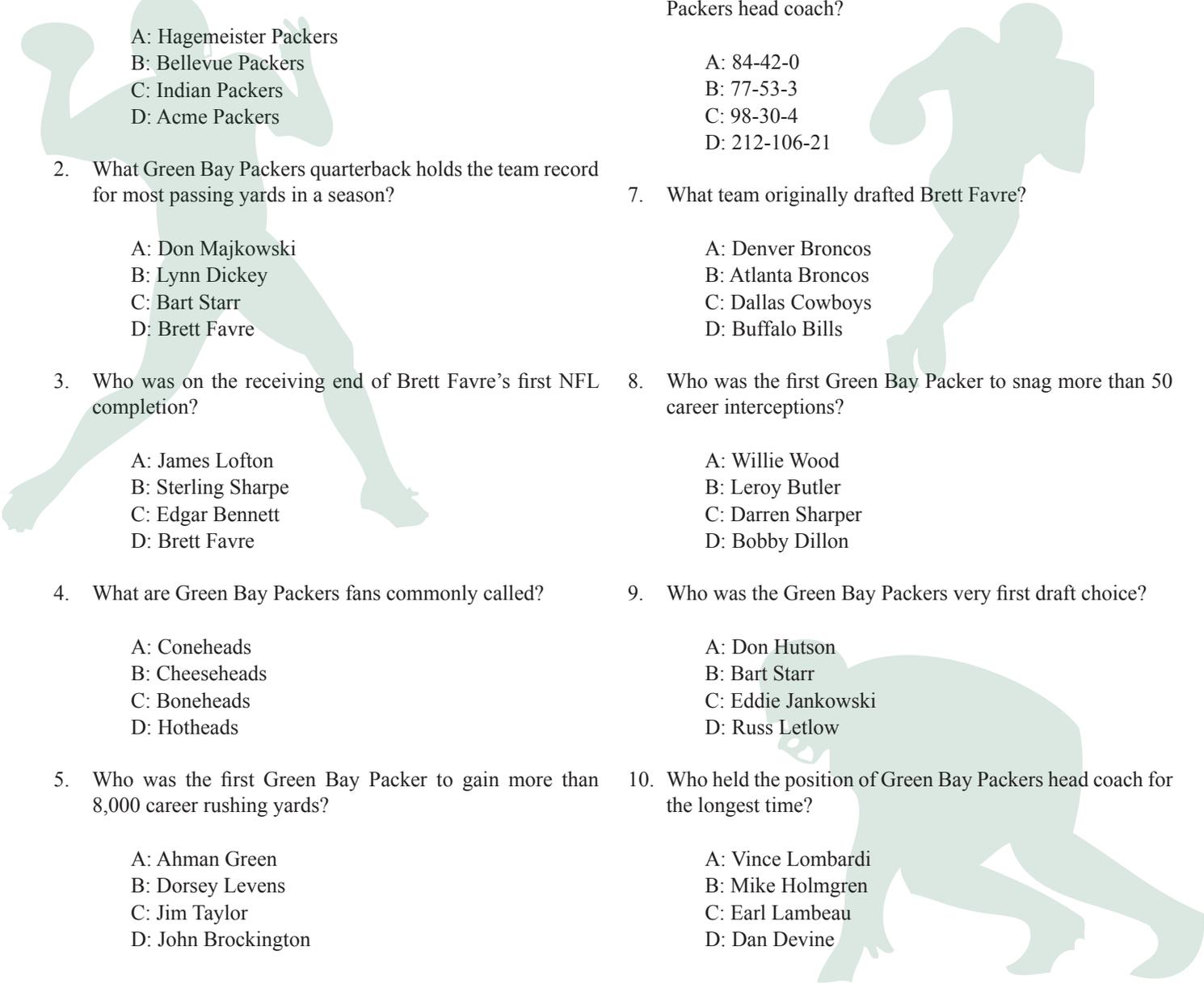
### Weaknesses

- Too critical
- Lacks demonstrativeness
- Restless
- Over dedicated

One thing you can be sure of while dealing with a Virgo is that they are totally dependable and sincere. They are finicky about cleanliness, cannot tolerate lazy behavior, hate procrastination and are never blind to flaws and faults, even of their loved ones.



# GREEN BAY PACKERS TRIVIA

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1. What were the Green Bay Packers originally called?  
A: Hagemeister Packers  
B: Bellevue Packers  
C: Indian Packers  
D: Acme Packers
  2. What Green Bay Packers quarterback holds the team record for most passing yards in a season?  
A: Don Majkowski  
B: Lynn Dickey  
C: Bart Starr  
D: Brett Favre
  3. Who was on the receiving end of Brett Favre's first NFL completion?  
A: James Lofton  
B: Sterling Sharpe  
C: Edgar Bennett  
D: Brett Favre
  4. What are Green Bay Packers fans commonly called?  
A: Coneheads  
B: Cheeseheads  
C: Boneheads  
D: Hotheads
  5. Who was the first Green Bay Packer to gain more than 8,000 career rushing yards?  
A: Ahman Green  
B: Dorsey Levens  
C: Jim Taylor  
D: John Brockington
  6. What was Vince Lombardi's career record as Green Bay Packers head coach?  
A: 84-42-0  
B: 77-53-3  
C: 98-30-4  
D: 212-106-21
  7. What team originally drafted Brett Favre?  
A: Denver Broncos  
B: Atlanta Broncos  
C: Dallas Cowboys  
D: Buffalo Bills
  8. Who was the first Green Bay Packer to snag more than 50 career interceptions?  
A: Willie Wood  
B: Leroy Butler  
C: Darren Sharper  
D: Bobby Dillon
  9. Who was the Green Bay Packers very first draft choice?  
A: Don Hutson  
B: Bart Starr  
C: Eddie Jankowski  
D: Russ Letlow
  10. Who held the position of Green Bay Packers head coach for the longest time?  
A: Vince Lombardi  
B: Mike Holmgren  
C: Earl Lambeau  
D: Dan Devine

## Correct Answers:

1. Indian Packers. Founded on August 11, 1919, by Earl "Curly" Lambeau, the Green Bay Packers were originally known as the Indian Packers. The team was named after their original sponsor, Lambeau's employer, the Indian Packing Company. In 1921, the year the packers joined the NFL, Lambeau's employer was bought out by the ACME Packing company, and he changed the name to the "Acme Packers."
2. Lynn Dickey. In 1983, the Packers quarterback Lynn Dickey threw for 4,458 yards, setting a team record for most passing yards in a season
3. Brett Favre. The quarterback caught his own pass when it was deflected back towards him in a game against the Tampa Bay Buccaneers on September 12, 1992.
4. Cheeseheads. Fans are commonly called this probably because Wisconsin is well-known for its cheese production. In response to the nickname, good-natured fans often wear cheese-like foam triangles on their heads.
5. Jim Taylor. The Packers' 2<sup>nd</sup> rough draft pick in 1958 gained 8,207 rushing yards in nine seasons and scored 81 touchdowns. In 1962, he had gained a career-high 1,474 yards and was named NFL player of the year. He was inducted into the Hall of Fame in 1976.
6. 98-30-4. From 1959-1967, Vince Lombardi compiled this record giving him a .758 winning percentage. He did even better in the post season winning 9 out of 10 games for a .900 winning percentage and leading the Packers to 5 NFL titles, including victories in the first two Super Bowls.
7. Atlanta Falcons. The Falcons drafted Brett Favre in the 2<sup>nd</sup> round of the 1991 NFL draft. The Falcons traded Favre to the Packers in the 1992 draft.
8. Bobby Dillon. In only 8 seasons, Dillon became the first Packer to snag more than 50 interceptions. He finished his career with 52.
9. Russ Letlow.
10. 10) Earl "Curly" Lambeau. He was head coach of the Packers for three decades!



## Watermelon Summer Salad

### Ingredients

- 3/4 cup halved, thinly sliced red onion
- 1 tablespoon fresh lime juice
- 1 1/2 quarts seeded, cubed watermelon
- 3/4 cup crumbled feta cheese
- 1/2 cup pitted black olive halves
- 1 cup chopped fresh mint
- 2 tablespoons olive oil

### Directions

1. Place the onion slices in a small bowl with the lime juice. The acid of the lime will mellow the flavor of the raw onion. Let stand for 10 minutes.
2. In a large bowl, combine the watermelon cubes, feta cheese, black olives, onions with the lime juice, and mint. Drizzle olive oil over it all, and toss to blend. Dig in and be prepared for a pleasant surprise!



## 10 Minute Zesty Salsa

### Ingredients

- 1 (10 ounce) can diced tomatoes and green chilies, undrained
- 1 tablespoon seeded and chopped jalapeno pepper
- 1 tablespoon chopped red onion
- 1 tablespoon minced fresh cilantro
- 1 garlic clove, minced
- 1 tablespoon olive oil
- Dash salt
- Dash pepper
- Tortilla chips

### Directions

1. In a small bowl, combine the tomatoes, jalapeno, onion, cilantro, garlic, oil, salt and pepper. Refrigerate until serving. Serve with tortilla chips.



## Not So Traditional Spaghetti and Meatballs

### Ingredients

- 2 pounds ground beef
- 3 1/2 tablespoons kosher salt
- 2 tablespoons dried oregano
- 2 tablespoons dried basil
- 1 1/2 tablespoons ground black pepper
- 1 tablespoon chili powder
- 1 1/2 teaspoons garlic powder
- 1/2 cup finely chopped onion
- 1/4 cup finely chopped cilantro
- 4 cloves garlic, finely chopped
- 2 eggs
- 1 cup Italian-seasoned bread crumbs
- 1 teaspoon vegetable oil
- 1 (32 ounce) jar pasta sauce (such as Prego®)



### Directions

1. Preheat oven to 350 degrees F (175 degrees C).
2. Combine beef, salt, oregano, basil, black pepper, chili powder, and garlic powder in a large bowl until well mixed. Stir in onion, cilantro, and garlic until evenly distributed. Make a well in the center of the beef mixture and add eggs and bread crumbs. Gradually incorporate eggs and bread crumbs into meat mixture by mixing the meat into the well. Shape meat into balls that are slightly smaller than a golf ball.
3. Heat vegetable oil in a large skillet over medium heat; pan-fry meatballs in batches until browned on all sides, about 10 minutes. Transfer to a paper towel-lined plate to drain. Arrange meatballs in a large baking dish and cover with pasta sauce.
4. Bake in preheated oven until meatballs are no longer pink in the center and pasta sauce is hot and bubbly, about 45 minutes. Allow meatballs and sauce to rest for 15 minutes before serving.